

OKPIK Outdoor Practical (or Any Winter Outing) Equipment Checklist * = Required

CLOTHING - No Cotton

- * Waterproof bags for clothing
- * Long Johns; Synthetic Top & Bottom
- * Underwear; Synthetic
- * Inner socks; Polypro or =
- * Outer socks; Heavy wool or =
- * Stocking cap or Balaclava(wool/synthetic)
- * Inner gloves/mittens; 2 pr, wool or =
- * Outer mittens; waterproof
- * Extra gloves/mittens
- * Boots; Sorels (or =) with felt liners, winter mountaineering boots (dry & waterproofed)
- * Wool shirt, sweater, polar fleece or =
- * Pants; polar fleece/wool/powder pants
- * Parka; "waterproof" (hooded is best)
- * Rain Pants; waterproof
- ___ Gaiters
- ___ Handkerchief(s)

SLEEPING GEAR - No Cotton

- * Sleeping Bag; Synthetic (best) or down
- * Sleeping bag liner, if bag is not rated to 0°
- * Stuff sack for sleeping bag; waterproof
- * Sleeping Pad (full length); Ensolite, Ridgerest, Therm-A-Rest, or =
- * 4 Season Tent & Rain-fly (3 season will do w/ appropriate care)
- * Tent dead-men (snow tent stakes)
- * Ground Tarp for under tent (water proof)

PERSONAL GEAR - Optional

- ___ Drink Mixes
- ___ Camera/film (protected from cold & wet)
- ___ Extra glasses w/ keeper
- * Large zip-lok baggies
- ___ More 30 gallon plastic bags (heavy duty)

PERSONAL GEAR - No Cotton

- * Matches; waterproof or strike anywhere in waterproof container
- * Flash Light with extra bulb & batteries (headlamp leaves your hands free)
- * Sunglasses or goggles
- * Sun block
- * Lip block or chap stick
- * 50' of 1/8" nylon cord (not white in color)
- * First-aid kit, personal
- * Repair kit for your gear
- ___ Snow shoes (for OKPIK) or XC skies and poles
- ___ Snow saw
- * 14"x15"x1/4" plywood for making Snow Blocks (Snow Shelter construction)
- * Compass
- ___ Topo map (provided by OKPIK staff)
- * Pencil & note paper (e.g., 3x5 cards)
- * Backpack waterproof cover (large heavy-duty garbage bags work)
- * Emergency Food; not candy (24 hrs worth)
- * Water Bottle; min. of 1 qt, wide mouth
- * Mess kit, cup, & spoon (not metal)
- * Hand trowel
- ___ Emergency blanket (e.g., Space Blanket)
- ___ Tooth brush & paste
- ___ Towel; 12"x24" size
- ___ Hand cream
- * Toilet Paper, dbl. bagged in zip-lok with extra zip-loks for "carry it out"
- * Pocket Knife; multiblade scout type
- * Whistle; plastic type on a lanyard
- * Money; quarters & bills = \$ _____
- * 30 Gallon Garbage Bags, heavy duty; min. of 6
- ___ Mirror; small signal
- * Candle; snow shelter use, not used in tents
- ___ Snacks; energy food; 2 bars/day

PATROL GEAR - No Cotton

- * Stove & Fuel Bottles
- * Matches
- * 14"x15"x1/4" plywood; stove platform (snow block cutter)
- * Stove wind screen
- * Cook Kit; pots, etc.
- ___ Fire ribbon, as may be needed for your stove
- ___ Pot holder(s)
- ___ Measuring cup; plastic
- * Cooking utensils; wood or plastic
- ___ Water treatment kit
- * Dish washing supplies
- ___ Cooler to keep food from freezing
- ___ First Aid Kit, crew size
- * Bear bag & rope
- * Snow Shovel
- ___ Sled to move gear
- ___ Mirror
- * Food; high energy winter menu; easy clean-up

PATROL EMERGENCY GEAR

- ___ Flares; aerial (red) - not needed for OKPIK
- ___ Smoke flares; hand held (red) - " " " "
- ___ Rope; 1/8"x150' nylon
- ___ Hand & foot warmers
- ___ Group first-aid kit, major
- * Extra plastic tarp(s); large
- * Repair kit
 - ___ Duct tape
 - ___ Sewing kit incl'd. safety pins
 - ___ Extra shoe laces
 - ___ Wire; stainless & copper
 - ___ Clevis pins and small bolts
 - ___ Small pliers
 - ___ Tent pole & tent fabric repair materials
 - ___ Extra backpack "fastex" buckles

OTHER REQUIRED EQUIPMENT for the trip to and from the outing

- * Tire Chains in & for each vehicle (Driver must be able to install them)
- * Emergency road flares (6 or more)
- * Vehicle well fueled and ready for the frozen environment
- * Emergency Food & water (24 Hrs. worth)

Upon your arrival, your Clothing and Equipment will be thoroughly checked by the Staff. The unprepared will NOT spend their weekend at the Outdoor Practical . . . Be Prepared!

**OKPIK Staff, High Adventure Team
Golden Empire Council**

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